

October 25, 2017

The following individuals attended:

Present Members:

Kitty Bailey – Co-Chair	Maria Morgan
John Ohanian – Co-Chair	Diane Moss
Dan Chavez	Ed Quinlan
Dale Fleming	Hazel Quinones
Greg Knoll	Nancy Sasaki
Marv Gordon	Nichole Schirm
Margarita Holguin	Jim Schultz
Nancy Gannon Hornberger	Jan Spencley
Steve Hornberger	Lindsey Wade
Rosa Ana Lozada	Nick Yphantides
Ken Malbrough	
Nancy Maldonado	
Karen McCabe	

Absent Members:

Bevelyn Bravo
Dominique Waltower
Starla Lewis
Daphyne Watson
Adriana Paulson
Michelle Bell
Reverend Brown
Pastor Jesus Sandoval
Rodney Hood
John Van Cleef
Fernando Uribe

Staff and Consultants:

Karma Bass
Elizabeth Bustos
Erica Osborne
Christy Rosenberg

Welcome and Introductions

John Ohanian and Kitty Bailey opened the meeting by welcoming members and sharing their reasons for being involved with the San Diego Accountable Community for Health. Members were then asked to go around the room and introduce themselves.

Develop Group Guidelines

Karma Bass presented, and the group engaged in a facilitated discussion around guidelines for how they would like to work together.

The guidelines included:

1. Understand and embrace a common purpose
2. Be fully present and engaged
3. Take ownership of the process and speak up
4. Use modified consensus for making decisions, listen deeply and allow for differences of opinion
5. Be purposeful, intentional, and know your goals (P.I.G)
6. Be creative and nimble
7. Ensure transparency, be concise and use plain language so everyone understands
8. Recognize and be upfront about constraints placed on the collaborative including grant requirements and deliverables
9. Represent the voices of the people not in the room and consider how our actions will impact the community
10. Take the long view while maintaining a sense of urgency and focus
11. Take time at the end of each meeting to reflect and ask, “how did we do?”
12. Share responsibility for getting this right

Update on SDACH Development:

Kitty Bailey reviewed the meeting agenda and confirmed the day's objectives. She provided an overview of the efforts to create a new kind of multisector system for improving health and wellness by addressing conditions in the community that impact our health. She discussed the California Accountable Communities for Health Initiative (CACHI) grant and its requirements and reviewed the foundational work that had been done by the "Stakeholders" (a group of over 100 partner organizations) over the last year. She explained the criteria used to seat the Stewardship Group which included passion and commitment to the vision of the ACH, experience working and leading in collaboration with a broad range of partners, and being comfortable operating in the "gray zone."

Kitty talked about the reasons for choosing ideal cardiovascular health across the lifespan as the initial focus of the SDACH. She pointed out that everyone is in some way impacted by cardiovascular disease and that a framework currently exists that incorporates the broader Social Determinants of Health (SDOH). She described the research that has been done that indicates a strong Return on Investment for efforts around preventing heart disease. Members held a robust discussion and it was suggested that the group may want to consider highlighting diabetes along with heart disease as it is impacted by a number of SDOH as well. Others commented that they were pleased with the focus on cardiovascular health across the lifespan as this integrates both behavioral and physical health, something that they believe to be critical. It was pointed out that trauma has had a significant impact on the health of the community and there is a need to focus on resiliency to help heal the community.

Review and Discuss Proposed Vivid Description of Our Vision for the Future

Erica Osborne reviewed the proposed vision for the SDACH. She described the process that had led to the crafting of the statement and asked members for their input. It was agreed that while the statement included a number of important elements, it was too long and would not be an effective tool in garnering community support. Members directed staff to structure the vision more like a traditional vision with a capital "V." It should be short, memorable and use plain, affirmative language. It should focus on the "why" as opposed to the "how." Most importantly, it should maintain an emphasis on health equity and building a system to create health and wellness for all members of our community.

Review and Discuss SDACH 2017-2018 Pathway

The group briefly reviewed the SDACH Pathway handout but due to timing decided to carry over the more in-depth discussion regarding the 2017-2018 Pathway to the next Stewardship Group meeting. Kitty agreed to send the more detailed Pathway document out to the group for those who are interested in reviewing it in greater detail.

Review and Approve Proposed Charters

Christy Rosenberg then reviewed the proposed Stewardship Group (SG), Wellness Fund Workgroup (WFW) and Data and Metrics Workgroup (DMW) charters with the participants. Members requested that the SG charter be revised to include an explicit reference to the SG being the interim governing body of the ACH and that the purpose be aligned with the revised vision of the collaborative. The group decided to rename the WFW to broaden the principles and emphasize long range sustainability. The workgroup will now be referred to as the "Sustainability and Wellness Fund Workgroup." Members also asked that the charters specify how the work of the individual

groups will be integrated across the SDACH and that a visual diagram be created to represent the integration.

Call to Action and Next Steps

The group ended the meeting by sharing their impressions of the meeting. Overall people thought the meeting went well and expressed excitement about moving forward. Kitty and John thanked the group for their participation and agreed to send out a survey to determine a time for the next meeting as well as a Stewardship Group roster with contact information.